

Dear [Name],

I hope this message finds you well and enjoying this very special time as you prepare for the arrival of your little one.

I want to express my sincerest gratitude for inviting me to your baby shower. It truly means a lot to be included in such a joyful and memorable occasion. I have no doubt that it will be a beautiful celebration filled with love, laughter, and cherished moments.

It is with a heavy heart that I must let you know that I am unable to attend due to [briefly state valid reason, e.g., a prior commitment, health reasons, or travel constraints]. Please know that it saddens me to miss the chance to celebrate alongside you and shower you with love and good wishes in person.

Even though I cannot be there, please count on my unwavering support and happiness for your growing family. I truly hope you have a wonderful shower surrounded by family and friends, and that it marks the beginning of an exciting new chapter for you both.

Wishing you a smooth, healthy, and joyful journey as you await the arrival of your precious baby. I look forward to meeting your little one soon and celebrating together at another time.

With all my love and best wishes,
[Your Name]