

## Cover Letter Example After Long Employment Gap for Stay at Home Parent

Dear Hiring Manager,

I am writing to express my interest in the [Job Title] position at [Company Name]. With a strong passion for [industry/field], I am excited about the opportunity to contribute to your organization. While my career includes a substantial gap due to my commitment as a stay-at-home parent, I have remained dedicated to personal growth and skill development throughout this period.

During my time away from the workforce, I cultivated and enhanced transferable skills that closely align with the needs of your company. Managing a busy household has given me exceptional organizational abilities, adaptability, and the capacity to prioritize in a fast-paced environment. I have also developed strong communication and problem-solving skills by coordinating various activities and resolving daily challenges efficiently.

Prior to my employment gap, I gained valuable experience in [briefly mention previous relevant roles, industries, or achievements]. These roles equipped me with [specific skills or qualifications required for the position], which I am eager to leverage in my return to the workforce.

I am enthusiastic about re-entering my professional career and am confident that my unique perspective, combined with my dedication and newly honed abilities, will be an asset to your team. Thank you for considering my application. I look forward to the opportunity to discuss how I can contribute to [Company Name]'s continued success.

Sincerely,  
[Your Name]