

Dear [Hiring Manager's Name],

I am writing to express my interest in the [Position Title] opportunity at [Company Name], as advertised on [Job Board/Company Website]. With [number] years of experience in [your field], I am confident that my skills and dedication make me a strong fit for your team.

I would like to address a recent gap in my employment history. Beginning in [Month, Year], I made the decision to take a career break to provide full-time care for a family member with health challenges. Throughout this period, I remained committed to my personal and professional growth, staying current on industry trends and continuously developing my skills through online courses, webinars, and volunteering opportunities when possible.

During my time as a caregiver, I further enhanced my organizational, problem-solving, and communication skills. Managing complex schedules, coordinating care with medical professionals, and balancing multiple responsibilities have strengthened my adaptability and resilience-qualities I am eager to bring to the [Position Title] role at [Company Name].

Now that I am able to fully dedicate myself to my career again, I am enthusiastic about returning to the workforce and contributing to your organization's success. I am confident that my past professional experience, paired with the valuable skills gained during my caregiving period, equip me to excel in this position.

Thank you for considering my application. I would welcome the opportunity to discuss how my background, skills, and dedication can add value to [Company Name]. Please find my resume attached for your review.

Sincerely,
[Your Name]