

Dear [Cousin's Name],

I hope this letter finds you well. I am writing to you today with a heavy heart, as I have not been feeling my best lately. Over the past few days, I've been struggling with [briefly describe your illness, e.g., "a stubborn fever and fatigue"], and it has really taken a toll on me both mentally and physically.

Normally, I try to manage things on my own, but this time I think I could really use your help. Whether it's keeping me company, helping out with a few chores around the house, or just being someone to talk to, your presence would mean the world to me. You've always been more like a sibling to me than just a cousin, and I know I can count on you during tough times like these.

If you have some free time in the next few days, would you be able to come over or even just give me a call? I think a little support from you would help lift my spirits and make this whole experience a little less difficult.

Thank you so much in advance for being there for me. I truly appreciate it, and I look forward to feeling better soon-with your help!

Take care and let me know when you can drop by or call.

With lots of love,  
[Your Name]