

Subject: Thank You and Request for Feedback

Dear [Mentor's Name],

I hope this message finds you well. I wanted to take a moment to sincerely thank you for your invaluable guidance and support over the past [time period or specific event/project]. Your mentorship has significantly contributed to my personal and professional growth, and I am truly grateful for the time and effort you have dedicated to helping me succeed.

As I continue to apply the lessons and advice you have shared, I am eager to further improve and develop my skills. If you have a moment, I would greatly appreciate any feedback or suggestions you may have regarding my recent work or overall progress. Your insights are extremely valuable to me, and I look forward to learning how I can continue advancing toward my goals.

Thank you once again for your ongoing support and encouragement. I look forward to your feedback and am excited to continue learning from you.

Best regards,  
[Your Name]  
[Your Position, if applicable]  
[Your Contact Information]