

Dear [Friend's Name],

I hope this letter finds you well. I wanted to share with you some of the challenges I've been facing during our recent school exams. Honestly, it hasn't been easy, and I think you'll understand what I'm going through.

First of all, the amount of stress before and during the exams has been overwhelming. No matter how much I try to stay calm, the pressure from teachers and even other students really gets to me sometimes. Time management has been another major issue. With so many subjects and topics to cover, I constantly felt like there weren't enough hours in the day to revise everything properly.

Some subjects, like math and science, were particularly tough this time. There were a few concepts I just couldn't wrap my head around, no matter how much I studied. I also felt pretty anxious about the unexpected questions that popped up in the papers – they really threw me off and made me second-guess everything I had already answered.

On top of that, the pressure to perform well and meet everyone's expectations has made me worry about my results. It's hard not to let it affect my self-confidence, especially when I see others appearing so confident and relaxed.

Despite all these challenges, I'm trying to stay positive and remind myself that exams are just a part of learning. Writing to you about this has actually made me feel a little better. I'd love to hear how you manage stress and what you do when you find exams tough.

Looking forward to your reply!

Yours,
[Your Name]