

Hey [Best Friend's Name],

I just heard you're not feeling your best right now, and I wanted to check in and send some extra good vibes your way. It honestly sucks not having you around for our usual adventures, and believe me, things just aren't as fun without you!

I know being sick is the absolute worst, but don't forget that you're tougher than you think. Take all the time you need to rest and recover-no pressure. I'm counting down the days until we can get back to our regular shenanigans and inside jokes (I've already got a list to tell you when you're back on your feet!).

If you need anything-someone to bring you snacks, keep you company, or just rant about how boring being stuck in bed is-I'm just a message away. You mean the world to me, and I hate seeing you down, but I know you'll bounce back soon.

Get well soon, superstar! Sending you all the hugs (and memes) for a speedy recovery.

Love,
[Your Name]