

## Formal Apology Letter to Friend for Hurting Feelings (Relationship Issues)

[Your Name]  
[Your Address]  
[City, State, ZIP Code]  
[Email Address]  
[Date]

[Friend's Name]  
[Friend's Address]  
[City, State, ZIP Code]

Dear [Friend's Name],

I hope this letter finds you well. I am writing to offer my sincerest apologies for the hurtful things I said and the pain I caused regarding your relationship. Upon reflection, I realize that my words and actions were insensitive, and I deeply regret any distress I may have brought to you.

Our friendship is very important to me, and I am truly sorry for letting my emotions get the better of me. I now understand that I was not considerate of your feelings, and I should have communicated my thoughts in a more respectful and understanding manner.

Please know that I take full responsibility for my behavior. I never intended to make you feel judged or unsupported, and it pains me to think that I contributed to your hurt during such a delicate time. I value the trust and bond we've built, and the last thing I would ever want is to jeopardize our friendship.

I am committed to listening more and ensuring that our conversations are open, honest, and respectful. Moving forward, I will do my best to support you with empathy and understanding. If you are willing, I would like to talk things through and find a way to heal any rift that has formed between us.

Thank you for considering my apology. I appreciate your patience and hope that, in time, we can move past this misunderstanding and continue to strengthen our friendship.

With heartfelt apologies,  
[Your Name]