

Hey cuz!

Just wanted to shoot you a quick note with some **personalized exam tips** to help you absolutely crush your finals this year. First off, try splitting your study sessions into shorter chunks-like 30-45 minutes-with little breaks in between. Trust me, it works way better than sitting for hours and burning out. Grab some snacks, stretch, or even walk around during those breaks.

Also, focus more on the subjects or topics you find toughest, but don't totally brush off the ones you're good at. A quick review of your strong points can give your scores that extra boost! And please, stay hydrated and get some good sleep the night before your exams. A clear, rested mind = better memory and focus!

Most importantly, stay positive and believe in yourself. Confidence really is half the battle, and I seriously know you've got what it takes. I'm always here cheering you on!

Let me know how things go, and if you need help or want to talk, just text me. You've got this!

Sending you all the good vibes,
Your cousin