

Hey [Friend's Name],

I just heard you're feeling under the weather, and I wanted to drop you a quick note to say I'm thinking of you. It's no fun being stuck at home feeling lousy, but I know you'll bounce back in no time—you're one of the toughest people I know!

Remember that time we both caught that cold before finals and survived solely on soup and bad movies? Let's promise to watch something equally ridiculous when you're feeling better. I miss our hangouts and all the laughs.

Take it easy and don't worry about anything—just focus on resting and getting your strength back. If you need anything (or just want someone to listen to you complain!), I'm only a text away. Wishing you a speedy recovery and sending lots of positive vibes your way.

Get well soon! Can't wait to see you back to your usual awesome self.

Take care,
[Your Name]