

This professional resignation letter example due to **pressure from management** provides a clear and respectful way to communicate an employee's decision to resign because of workplace stress and pressure. It emphasizes maintaining professionalism while addressing concerns related to management practices, ensuring the resignation is handled gracefully and leaves a positive impression for future references.

## Professional Resignation Letter Example

[Your Name]  
[Your Address]  
[City, State, ZIP Code]  
[Email Address]  
[Today's Date]

[Manager's Name]  
[Company Name]  
[Company Address]  
[City, State, ZIP Code]

Dear [Manager's Name],

I am writing to formally resign from my position as [Your Position] at [Company Name], effective [Last Working Day, typically two weeks from the date above].

This was not an easy decision to make. Over the course of my employment, I have appreciated the opportunities to develop my skills and grow professionally within the organization. However, increasing pressure and expectations from management have impacted my well-being and work-life balance. After careful consideration, I believe it is in the best interest of both myself and the company for me to step down from my current role.

I am committed to making this transition as smooth as possible and will do my utmost to ensure a thorough handover of my duties. Please let me know how I can assist during this time.

Thank you again for the opportunities and experiences I have gained while being part of [Company Name]. I wish the organization continued success in the future.

Sincerely,  
[Your Name]