

Dear [Friend's Name],

I hope this letter finds you in good spirits. It's been a while since we last caught up, and I just wanted to check in and see how you've been doing lately. I've been thinking about you and wanted to know how your health and well-being are these days.

Have you been feeling alright? Is everything going smoothly on your end, or is there anything that's been weighing on your mind? I really care about how you're doing, so please don't hesitate to share, whether good or bad. If there have been any changes in your life, I'd love to hear about them too!

Remember, I'm always here for you, no matter what. It means a lot to me to stay connected and support each other through both the ups and downs. I genuinely hope you're happy and healthy, and if you ever need to talk or just want some company, you know I'm just a call away.

Take care of yourself and let me know how you're getting on. Looking forward to hearing from you soon!

With lots of love,  
[Your Name]