

Hey **[Friend's Name]**,

How's it going? It's been forever since we last caught up, and I was just thinking about all the crazy things we used to do as kids. You know what popped into my head the other day? Remember that time in middle school when we decided to be "master chefs" and attempted to make a surprise cake for my mom's birthday?

Oh man, I still laugh thinking about it! We had *no clue* what we were doing. Mixing salt instead of sugar, forgetting to add eggs, and then the flour bomb that went **everywhere**-including all over your new shirt. The kitchen looked like a winter wonderland, and my mom just stood there at the door, speechless, trying not to laugh (or cry, I think).

In the end, the "cake" was basically a pancake-shaped rock, but we decorated it with sprinkles and candles anyway, and my mom pretended it was delicious. Pretty sure she tossed it as soon as we left the kitchen. I honestly can't believe she let us near the oven after that!

Anyway, I just wanted to share that memory and give you a good laugh. We should definitely catch up soon-it's been way too long. Let me know when you're free for a call or coffee!

Take care and talk soon,

**[Your Name]**