

Apology Note to Friend

Dear [Friend's Name],

I hope this note finds you well. I've been thinking a lot about what happened recently and I want to sincerely apologize for the way I acted. I realize that my jealousy got the best of me, and I ended up hurting your feelings. I'm truly sorry for letting my emotions take over and for treating you unfairly.

I understand how much my words and actions may have affected you, and I deeply regret causing you pain. Our friendship means so much to me, and the last thing I ever wanted was to disturb the trust and bond we share.

I take full responsibility for my behavior, and I want you to know that I am committed to learning from this experience. I value you and our friendship immensely, and I am determined to work on myself so that I don't let something like this happen again.

Please know that your feelings are important to me, and I want to be open and honest moving forward. If you're willing, I'd really appreciate the chance to talk things through whenever you feel comfortable. Rebuilding your trust and mending our friendship is very important to me.

Thank you for hearing me out, and once again, I am truly sorry for my actions. I hope we can work through this together.

With sincere apologies,
[Your Name]