

[Your Name]  
[Your Address]  
[City, State ZIP Code]  
[Email Address]  
[Phone Number]  
[Date]

[Employer's Name]  
[Company Name]  
[Company Address]  
[City, State ZIP Code]

Dear [Employer's Name],

I am writing to express my interest in the [Job Title] position at [Company Name], as advertised on [where you found the job posting]. With a background in [your field/industry] and a record of success in [mention a key relevant skill or area], I am excited about the opportunity to contribute to your team.

I would like to address a gap in my employment history from [Month/Year] to [Month/Year]. During this time, I was managing a health issue that required my full attention. I am pleased to share that my health has been fully restored, and I am able to fully commit myself to my professional responsibilities. The time away from work has also reinforced my appreciation for the value of resilience, adaptability, and continued personal development.

Throughout my career, I have demonstrated [mention 2-3 skills or strengths relevant to the position]. During my employment gap, I made a conscious effort to stay updated in the industry by [mention any courses, certifications, volunteer work, or self-study relevant to the job, if applicable]. I am eager to bring my knowledge, experience, and enthusiasm to [Company Name].

Thank you for considering my application. I am confident that my background and skills make me an excellent fit for your team at [Company Name]. I welcome the opportunity to further discuss how I can contribute to your organization.

Sincerely,  
[Your Name]