

## Heartfelt Apology Letter to a Childhood Friend

Dear [Friend's Name],

I hope this letter finds you well. I've spent a lot of time thinking about our friendship and, most importantly, how my words and actions recently have hurt you. I want you to know, from the bottom of my heart, how truly sorry I am for causing you pain.

We have shared so many wonderful memories since childhood-memories that I deeply cherish and hold close to my heart. The last thing I ever wanted was to be the source of your unhappiness. Looking back, I realize I was thoughtless and insensitive, and I failed to consider your feelings. I can only imagine how much I hurt you, and for that, I am deeply sorry.

Our friendship means the world to me. You have always been there for me, through thick and thin, and I should have respected and valued that more. Please know that my actions do not reflect how much I truly care about you.

I completely understand if you need time or space to heal, but I sincerely hope that, in time, you can find it in your heart to forgive me. I am committed to making things right and rebuilding the trust between us. You deserve a friend who is kind, thoughtful, and supportive-and I promise to be better.

Thank you for reading this and for all the beautiful years of friendship. No matter what, I will always cherish the bond we share, and I hope we can get past this and continue creating memories together.

With heartfelt apologies,  
[Your Name]