

Hey Sarah,

I hope you're doing well! I just got back from an amazing holiday in the mountains, and I couldn't wait to tell you all about it. The trip was everything I needed - a perfect escape from city life.

The scenery was simply breathtaking. Rolling green hills stretched as far as the eye could see, and the crisp, cool air was so refreshing compared to what we're used to. Every morning, we'd wake up surrounded by misty peaks and the peaceful sounds of birds and rustling leaves.

We did a lot of hiking - some trails were challenging, but the panoramic views at the top made it totally worth it! One day, we stumbled upon a little waterfall and spent hours just relaxing by the water. We also camped under the stars, roasting marshmallows and sharing stories by the fire. I honestly haven't laughed that much in ages.

Evenings were the best: we'd cozy up with hot chocolate and play cards until late. The mountain nights were chilly, but the warmth from the fire and our little group made it feel so homely.

Coming back, I feel so energized and peaceful. The whole trip made me realize how much I love being outdoors - and how important it is to take these breaks. Wish you could've been there, you would have loved every minute!

Hope we can plan a trip together soon! Miss you lots.

Love,
Emily